

## AACS Speech –Language Pathologists Series



**Supporting the  
Special Needs  
Community from  
birth through life**



**Doing Great Things Since  
1951!**  
[www.TheArcAlliance.org](http://www.TheArcAlliance.org)

### **Language in the House**

*Include your child in your everyday routines. Put pictures of common objects on the kitchen cabinets. While you are washing your hands or washing dishes, repeat the word “wash” several times, have your child wash his/her hands too. Ask “what are you doing?” Talk about washing your fingers, the soapy bubbles, etc. TALK, TALK, TALK. You can do this while you make the beds, put laundry in the machines, or vacuum the floors.*



*While doing laundry, encourage your child to match socks according to colors and sizes. Talk about the colors and big vs. little. You can count them as well. Then have your child see if they can identify whose socks they are and help put them away. Use possessives such as mommy’s socks, daddy’s shirt, my pants, your pants). You can even have your child go for a “ride” in the laundry basket after clothes are delivered.*

*Help feed the family pet. Look in the bowl and determine if it is “empty” or “full”. Have your child help scoop out a big or little scoop. Does it feel heavy or light? Is it dry or wet food?*

*Play hide and seek with a toy like a medium size ball. Hide it under the couch, behind the couch, next to the pillow, on top of the table, etc. Use position words to describe the location of the objects. First see if your child follows your direction to find the hidden object and then see if they can use the words to describe where they found it.*



*See if your child can put all  
all the books on the shelf,*

*While cleaning up toys, separate them into bins.  
the cars in one box, all the blocks in another box,  
etc.*

*Set up a circle time with your child’s stuffed animals – sing songs and read books. Let your child be the “teacher”.*

*Tell your child where you are going as you leave the house and what you will do when you are out. When you return, you can talk about what you did.*

*Have your child get involved by making him/her be your helper. Ask him to push the button on dryer, dry plastic cups, set the table, etc.*



*Look out the window if you can’t get out and talk about what you see, e.g. look for trucks, motorcycles, birds, squirrels, etc.  
Hide common objects in your home in containers or bins filled with rice. Have your child “find” the hidden objects and name them and talk about what you can do with it (i.e. key – unlock the door).*

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*Offer choices at snack time. Try to offer a preferred and non-preferred object, so you know they are truly choosing what they want, i.e., Do you want an apple or a napkin?*



*Make a point of saying 'Hi' and 'Bye' to siblings/parents. Advance from single words to phrases as your child is able.*

*Listen around your home for things that make sounds. Try to have your child imitate the sounds (washing machine, vacuum, water out of a tap, cooking sounds, cars driving by).*

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